[This question paper contains 2 printed pages.]

28 JUL 2023

Your Roll No.

Sr. No. of Question Paper: 1714

Unique Paper Code

: 2176000001

Name of the Paper

: Essential Food Nutrients

Name of the Course

: B.Sc. (Hons)/ B.Sc. (Prog)

- SEC:

Semester

: II

Duration: 1 Hours

Maximum Marks: 30

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.

- 2. Attempt any two questions in all.
- 3. All questions carry equal marks.
- 1. (a) Write short notes on the following (any two):
 - (i) Saponification value
 - (ii) Dental plaque
 - (iii) Galactosemia
 - (b) What is carbohydrate metabolism? Write the role of carbohydrates as sweeteners in food.

P.T.O.

(c) What are essential fatty acids (EFA)? Give examples along with their dietary sources.

(5,5,5)

- 2. (a) What are Proteins? Draw the primary, secondary, and tertiary structures of protein.
 - (b) Write the names of any four water-soluble vitamins. Write down their dietary sources. Write down structure of any one of the water-soluble vitamins.
 - (c) What are the food sources of iron? What happens due to iron deficiency? Explain in details. (5,5,5)
- 3. (a) Why minerals are also important for human health like vitamins? What are the main functions of calcium and magnesium as mineral in human body?
 - (b) Differentiate between fats, oils and waxes. Write down the names of any two wax along with their common usage.
 - (c) Write down the structure of any two:
 - (i) Galactose
 - (ii) Fructose

(iii) Sucrose (5,5,5)

(1000)