

	<b>UNIT- 1 Indian Ethos in Management</b>
1	<p>_____ is derived from the Greek word meaning Character.</p> <ul style="list-style-type: none"> <li>a) Values</li> <li>b) Moral</li> <li>c) Ethos</li> <li>d) Power</li> </ul>
	<b>Ans: c)Ethos</b>
2	<p>_____ focus on principles “If u are good, the whole world is Good”.</p> <ul style="list-style-type: none"> <li>a) Balance life</li> <li>b) Dignity of work</li> <li>c) Emphasis on quality</li> <li>d) Holistic approach</li> </ul>
	<b>Ans: a)Balance life</b>
3	<p>_____ helps in taking Sound decisions.</p> <ul style="list-style-type: none"> <li>a) Value</li> <li>b) Stress</li> <li>c) Intuition</li> <li>d) Authority</li> </ul>
	<b>Ans: c)Intuition</b>
4	<p>Top management should follow _____ approach that is value oriented.</p> <ul style="list-style-type: none"> <li>a) Value driven</li> <li>b) Holistic</li> <li>c) Knowledge driven</li> <li>d) Skills driven</li> </ul>
	<b>Ans: b)Holistic</b>
5	<p>India is a land of diverse_____.</p> <ul style="list-style-type: none"> <li>a) Cultures</li> <li>b) Customs</li> <li>c) Commitments</li> <li>d) Capacity</li> </ul>
	<b>Ans: a)Cultures</b>

6	<p>The prime focus of _____ was on spiritual growth rather than increase in the per capita income.</p> <p>a) Management b) Ethos c) Western culture d) Indian heritage</p>
	<b>Ans:d) Indian heritage</b>
7	<p>_____ is derived from Shastras.</p> <p>a) Ethics b) Ethos c) Culture d) Wisdom</p>
	<b>Ans: a)Ethics</b>
8	<p>_____ is the main enemy that separates person from one another.</p> <p>a) Knowledge b) Power c) Ego d) Politics</p>
	<b>Ans: c)Ego</b>
9	<p>Ethos is the set of _____ ideas, social behavior and relationship of person or group.</p> <p>a) Ideas b) Beliefs c) Values d) Discipline</p>
	<b>Ans:b)Belief</b>
10	<p>Strength and _____ are two things that helps an individual to excel in his work.</p> <p>a) Co-ordination b) Co-operation c) Co-ownership d) Co-existence</p>
	<b>Ans: c) Co-operation</b>

11	<p>The _____ principle protects an organization from strikes and lockouts.</p> <ul style="list-style-type: none"> <li>a) Harmony</li> <li>b) Non violence</li> <li>c) Sacrifice</li> <li>d) Transparency</li> </ul>
	<b>Ans: b) Non violence</b>
12	<p>An integrated mind is more_____.</p> <ul style="list-style-type: none"> <li>a) Productive</li> <li>b) Unproductive</li> <li>c) Calm</li> <li>d) Action oriented</li> </ul>
	<b>Ans: a) Productive</b>
13	<p>_____ Principle is the integration of cultures caused due to absorption, amalgamation or takeover of organization.</p> <ul style="list-style-type: none"> <li>a) Integrity</li> <li>b) Polygamy</li> <li>c) Justice</li> <li>d) Honesty</li> </ul>
	<b>Ans: b) Polygamy</b>
14	<p>_____ is the most reliable method to discover solutions to problems.</p> <ul style="list-style-type: none"> <li>a) Brain storming</li> <li>b) Brain stilling</li> <li>c) Self-introspection</li> <li>d) Self-management</li> </ul>
	<b>Ans: b) Brain stilling</b>
15	<p>_____ is the systematic procedure for a specific task to be provided to employees.</p> <ul style="list-style-type: none"> <li>a) Planning</li> <li>b) Delegating</li> <li>c) Training</li> <li>d) Recruiting</li> </ul>
	<b>Ans: c) Training</b>

16	<p>_____ had a one-man leadership hierarchy.</p> <p>a) Pandavas b) Kauravas c) Vedas d) upanishads</p>
	<b>Ans:b) Kauravas</b>
17	<p>_____ is a Japanese word meaning continuous improvement.</p> <p>a) Just in time b) Kaizen c) Quality life cycle d) Work life balance</p>
	<b>Ans:b) Kaizen</b>
18	<p>_____ Emphasis on the economic growth of society and organization.</p> <p>a) Mahabharata b) Kautilya's c) Vedas d) Bible</p>
	<b>Ans:b) Kautilya's</b>
19	<p>_____ Preaches the necessity and benefits of team work.</p> <p>a) Bible b) Quran c) Vedas d) Upanishads</p>
	<b>Ans: b) Quran</b>
20	<p>In the early days Indian economy was totally based on_____.</p> <p>a) Business b) Trading c) Agriculture d) Technology</p>
	<b>Ans: c) Agriculture</b>
	<b>UNIT 2 INDIAN ETHOS IN MANAGEMENT</b>

1	<p>_____ is very important in every aspect of life.</p> <ul style="list-style-type: none"> <li>a) Moral</li> <li>b) Discipline</li> <li>c) Ethics</li> <li>d) Dignity</li> </ul>
	<b>Ans: b) Discipline</b>
2	<p>Work _____ is the involvement of workman with work.</p> <ul style="list-style-type: none"> <li>a) Culture</li> <li>b) Norms</li> <li>c) Values</li> <li>d) Goal</li> </ul>
	<b>Ans: a) Goal</b>
3	<p>_____ is very important for everyone involved in organization.</p> <ul style="list-style-type: none"> <li>a) Commitment</li> <li>b) Attendance</li> <li>c) Punctuality</li> <li>d) Performance</li> </ul>
	<b>Ans: c) Punctuality</b>
4	<p>One should always work with _____ and interest.</p> <ul style="list-style-type: none"> <li>a) Respect</li> <li>b) Dedication</li> <li>c) Determination</li> <li>d) Self control</li> </ul>
	<b>Ans: b) Dedication</b>
5	<p>Doing work on _____ basis will only lead to stress, guilt and frustration.</p> <ul style="list-style-type: none"> <li>a) Unethical</li> <li>b) Productive</li> <li>c) Quality</li> <li>d) Quantity</li> </ul>
	<b>Ans: a) Unethical</b>

6	<p>_____ is considered as a lifeline of the Organization.</p> <ul style="list-style-type: none"> <li>a) Interest</li> <li>b) Communication</li> <li>c) Performance</li> <li>d) Productivity</li> </ul>
	<b>Ans: b) Communication</b>
7	<p>_____ is the most important factors of the 4Ps of work ethics.</p> <ul style="list-style-type: none"> <li>a) Performance</li> <li>b) Pay</li> <li>c) Promotion</li> <li>d) Prospects</li> </ul>
	<b>Ans: a) Performance</b>
8	<p>_____ should be introduced to boost the morale of workers and enable the to be free from stress.</p> <ul style="list-style-type: none"> <li>a) Prayer</li> <li>b) Bonus</li> <li>c) Wages</li> <li>d) Balance diet</li> </ul>
	<b>Ans: a) Prayer</b>
9	<p>Lack of _____ means lack of interest of employee in the organization.</p> <ul style="list-style-type: none"> <li>a) Loyalty</li> <li>b) Communication</li> <li>c) Commitment</li> <li>d) Discipline</li> </ul>
	<b>Ans: c) Commitment</b>
10	<p>_____ should be stressed in order to create peaceful work Environment.</p> <ul style="list-style-type: none"> <li>a) Medication</li> <li>b) Meditation</li> <li>c) Diet</li> <li>d) Money</li> </ul>
	<b>Ans: b) Meditation</b>

11	<p>_____ serve as a guide to take decision and actions.</p> <ul style="list-style-type: none"> <li>a) Norms</li> <li>b) Values</li> <li>c) Ethics</li> <li>d) Ethos</li> </ul>
	<b>Ans: b) Values</b>
12	<p>An individual should always be _____.</p> <ul style="list-style-type: none"> <li>a) Judgemental</li> <li>b) Political</li> <li>c) Reliable</li> <li>d) Demotivated</li> </ul>
	<b>Ans: c) Reliable</b>
13	<p>Employee should always focus on _____ work.</p> <ul style="list-style-type: none"> <li>a) Quantity</li> <li>b) Quality</li> <li>c) Productive</li> <li>d) Accountable</li> </ul>
	<b>Ans: b) Quality</b>
14	<p>_____ Values believe in religion.</p> <ul style="list-style-type: none"> <li>a) Secular</li> <li>b) Spiritual</li> <li>c) Satisfaction</li> <li>d) System</li> </ul>
	<b>Ans: b) Spiritual</b>
15	<p>_____ emphasis is on material and cultural improvement of Human being.</p> <ul style="list-style-type: none"> <li>a) Self-management</li> <li>b) Self-discipline</li> <li>c) Spiritual</li> <li>d) secularism</li> </ul>
	<b>Ans: d) secularism</b>

16	<p>Values are supposed to have a positive impact on _____.</p> <ul style="list-style-type: none"> <li>a) Customers</li> <li>b) Government</li> <li>c) Society</li> <li>d) Employee</li> </ul>
	<b>Ans: a) Customers</b>
17	<p>The manager must be _____ in his approach.</p> <ul style="list-style-type: none"> <li>a) Accountable</li> <li>b) Optimistic</li> <li>c) Pessimistic</li> <li>d) Liberal</li> </ul>
	<b>Ans: b) Optimistic</b>
18	<p>Due to intense competition workplace is full of _____.</p> <ul style="list-style-type: none"> <li>a) Sacrifice</li> <li>b) Responsibility</li> <li>c) Challenges</li> <li>d) Stress</li> </ul>
	<b>Ans: d) Stress</b>
19	<p>_____ lead to innovation and improvement.</p> <ul style="list-style-type: none"> <li>a) Competitors</li> <li>b) Society</li> <li>c) Customers</li> <li>d) Government</li> </ul>
	<b>Ans: a) Competitors</b>
20	<p>The _____ values are inherited by individual's ancestors followed due to humanity and soft corner of the individual.</p> <ul style="list-style-type: none"> <li>a) Trans-cultural</li> <li>b) Transformational</li> <li>c) Motivational</li> <li>d) Beliefs</li> </ul>
	<b>Ans: a) Trans-cultural</b>
	<b>UNIT 3 INDIAN ETHOS IN MANAGEMENT</b>



1	<p>_____ is inevitable.</p> <ul style="list-style-type: none"> <li>a) Burnout</li> <li>b) Stress</li> <li>c) Depression</li> <li>d) Trauma</li> </ul>
	<b>Ans: b) Stress</b>
2	<p>_____ believe in the principle of Divide and Rule.</p> <ul style="list-style-type: none"> <li>a) SAAM</li> <li>b) DAAM</li> <li>c) DAND</li> <li>d) BHED</li> </ul>
	<b>Ans: d) BHED</b>
3	<p>In _____ type recognition, inspiration, ignition and rajas approaches work.</p> <ul style="list-style-type: none"> <li>a) Momentum</li> <li>b) Inertia</li> <li>c) Force</li> <li>d) Reaction</li> </ul>
	<b>Ans: a) Momentum</b>
4	<p>_____ causes a helpless feeling.</p> <ul style="list-style-type: none"> <li>a) Burnout</li> <li>b) Phobia</li> <li>c) Stress</li> <li>d) Panic attack</li> </ul>
	<b>Ans: a) Burnout</b>
5	<p>Managers with _____ self-esteem are frustrated and have negative attitude toward work.</p> <ul style="list-style-type: none"> <li>a) Low</li> <li>b) High</li> <li>c) Medium</li> <li>d) Moderate</li> </ul>
	<b>Ans: a) Low</b>

6	Chronic stress lasts for _____ duration.  a) Long. b) Short. c) Medium. d) Flexible.
	<b>Ans: a) Long.</b>
7	_____ oriented people focus more on task responsibilities.  a) Right b) Ethics c) Values d) Duties
	<b>Ans: d) Duties</b>
8	_____ Meditation is founded by Indian Guru Maharishi Yogi.  a) Trataka b) Chakra c) Transcendental d) Vipassana
	<b>Ans: c) Transcendental</b>
9	Life change and life traumas are both _____ producing.  a) Anxiety b) Burnout c) Depression d) Stress
	<b>Ans: d) Stress.</b>
10	_____ in Sanskrit is also referred as Asanas.  a) Yoga b) Dance c) Music d) Exercise
	<b>Ans: a) Yoga</b>

11	<p>_____ is the healthy, positive and developmental stress response.</p> <ul style="list-style-type: none"> <li>a) Distress</li> <li>b) Eustress</li> <li>c) Hypostress</li> <li>d) Burnout</li> </ul>
	<b>Ans: c) Eustress.</b>
12	<p>_____ meditation is also called as Third Eye Meditation.</p> <ul style="list-style-type: none"> <li>a) Trataka</li> <li>b) Chakra</li> <li>c) Mantra</li> <li>d) Transcendental</li> </ul>
	<b>Ans: a) Trataka</b>
13	<p>Managers with _____ self-esteem are self-driven &amp; self-motivated.</p> <ul style="list-style-type: none"> <li>a) High</li> <li>b) Low</li> <li>c) Medium</li> <li>d) Moderate</li> </ul>
	<b>Ans: a) High</b>
14	<p>Creativity and innovation both are_____.</p> <ul style="list-style-type: none"> <li>a) Self-reliable</li> <li>b) Self-confident</li> <li>c) Self-motivating</li> <li>d) Self-driven</li> </ul>
	<b>Ans: c) Self-motivating</b>
15	<p>_____ may be classified as the extreme low side of Eustress.</p> <ul style="list-style-type: none"> <li>a) Hypostress</li> <li>b) Hi-stress</li> <li>c) Low-stress</li> <li>d) Distress</li> </ul>
	<b>Ans: a) Hypostress.</b>

16	<p>The _____ leader acts as a mentor to the follower.</p> <ul style="list-style-type: none"> <li>a) Transformational</li> <li>b) Transactional</li> <li>c) Situational</li> <li>d) Democratic</li> </ul>
	<b>Ans: a) Transformational</b>
17	<p>Healthy _____ is a good thing.</p> <ul style="list-style-type: none"> <li>a) Self-regard</li> <li>b) Self-pity</li> <li>c) Self-doubt</li> <li>d) Self-control</li> </ul>
	<b>Ans: a) self-regard</b>
18	<p>_____ plays a very important role not only in organizations but also in ones's personal life.</p> <ul style="list-style-type: none"> <li>a) Time Management</li> <li>b) Stress Management</li> <li>c) Performance Management</li> <li>d) Chain Management</li> </ul>
	<b>Ans: a) Time Management</b>
19	<p>_____ are the best exercise to increase the capacity of lungs.</p> <ul style="list-style-type: none"> <li>a) Pranayama's</li> <li>b) Padmasan</li> <li>c) Shavasan</li> <li>d) Chakrasan</li> </ul>
	<b>Ans: a) pranayama's</b>
20	<p>A visionary leader encourages their followers to think_____.</p> <ul style="list-style-type: none"> <li>a) Negatively</li> <li>b) Positively</li> <li>c) Independently</li> <li>d) Violently</li> </ul>
	<b>Ans: c) Independently</b>

21	<p>Digestive disorder is an example of _____ response to stress.</p> <p>a) Physiological b) Psychological c) Behavioural d) Cognitive</p>
	<b>Ans: a) Physiological</b>
22	<p>_____ is the unhealthy and negative stress response.</p> <p>a) Mistress b) Hyperstress c) Distress d) Eustress</p>
	<b>Ans: c) Distress.</b>
23	<p>_____ are psychologically or physically demanding events or circumstances.</p> <p>a) Stressifiers b) Stressors c) Stressites d) Stressants</p>
	<b>Ans: b) Stressors</b>
24	<p>Overeating is a _____ symptom of stress.</p> <p>a) Physiological b) Psychological c) Internal d) behavioural</p>
	<b>Ans: d) Behavioural</b>
25	<p>_____ basically means control of Breath.</p> <p>a) Pranayama b) Mantra c) Yoga d) Meditation</p>
	<b>Ans: a) Pranayama</b>

	<b>UNIT 4 INDIAN ETHOS IN MANAGEMENT</b>
1	<p>Learning is a _____ process that starts from birth and ends when a person dies.</p> <p>a) Silent b) Continuous c) Fixed d) All round</p>
	<b>Ans: b) Continuous.</b>
2	<p>_____ is to be the best teacher as it has the real touch in it.</p> <p>a) Learning b) Sharing c) Caring d) Culture</p>
	<b>Ans: a) Learning.</b>
3	<p>The life at _____ was tough for students.</p> <p>a) Home b) Gurukul c) Convent d) Co- education</p>
	<b>Ans: b) Gurukul.</b>
4	<p>_____ is closely associated with the idea of rebirth.</p> <p>a) Karma b) Dharma c) Kriya d) Karta</p>
	<b>Ans: a) Karma.</b>
5	<p>_____ means a body of persons united for a specific purpose.</p> <p>a) Company policy b) Corporate karma c) Corporate discipline d) Corporate laws</p>
	<b>Ans: b) Corporate Karma.</b>

6	<p>_____ is voluntary and is not forced by persons or circumstances.</p> <ul style="list-style-type: none"> <li>a) Self- discipline</li> <li>b) Self-management</li> <li>c) Self-development</li> <li>d) Self-control</li> </ul>
	<b>Ans:. b) Self-management.</b>
7	<p>_____ plays an important role in personality.</p> <ul style="list-style-type: none"> <li>a) Education</li> <li>b) Knowledge</li> <li>c) Wisdom</li> <li>d) Heredity</li> </ul>
	<b>Ans:.d) Heredity.</b>
8	<p>_____ represent the goal directed behaviour of individuals.</p> <ul style="list-style-type: none"> <li>a) Motives</li> <li>b) Personality</li> <li>c) Learning</li> <li>d) Growth</li> </ul>
	<b>Ans: a) Motives.</b>
9	<p>_____ is the greatest of all powers.</p> <ul style="list-style-type: none"> <li>a) Right motive</li> <li>b) Right structure</li> <li>c) Right politics</li> <li>d) Right knowledge</li> </ul>
	<b>Ans: d) Right knowledge.</b>
10	<p>“Birds of feather flock together” which is true in case of _____.</p> <ul style="list-style-type: none"> <li>a) Coordination</li> <li>b) Cooperation</li> <li>c) Association</li> <li>d) Assimilation</li> </ul>
	<b>Ans: d) Association.</b>
11	<p>A guru is one characterized as someone who dispels _____ ignorance.</p> <ul style="list-style-type: none"> <li>a) Mathematical</li> <li>b) Philosophical</li> <li>c) Spiritual</li> <li>d) Demeanor</li> </ul>

	<b>Ans.:C) Spiritual</b>
12	Traditionally, only the _____ system was followed in India. a) Convent b) Gurukul c) Co-education d) Will power
	<b>Ans.: b) Gurukul.</b>
13	The ancient education/ Gurukul system involved _____ basic processes. a) Four b) Three c) Two d) Six
	<b>Ans.: b) Three.</b>
14	_____ were not admitted to Gurukul. a) Poor b) Rich c) Females d) Child
	<b>Ans.: c) Females.</b>
15	After gaining the primary education a child can be given _____ education. a) Secondary b) Free c) Practical d) Primary
	<b>Ans: a) Secondary.</b>
16	The word Karma came from Sanskrit word "Kri" , it means" _____". a) To listen b) To speak c) To do d) To read
	<b>Ans: c) To do</b>
17	The literal meaning of Nishkama karma is _____ action. a) Mindless b) Thoughtless c) Desireless d) Fearless



	<b>Ans: c) Desireless</b>
18	<p>The results or 'fruits' of actions are called karma - _____.</p> <p>a) Phala b) Daana c) Uddishta d) Sadhana</p>
	<b>Ans: a) Phala.</b>
19	<p>_____ means what we are, what we think and what we do.</p> <p>a) Professionalism b) Personality c) Demeanor d) Man power</p>
	<b>Ans: a) Professionalism</b>
20	<p>Right knowledge is the greatest of all the _____.</p> <p>a) Kingdom b) Power c) Action d) Worship</p>
	<b>Ans: b) Power</b>

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