

Sr.No.	Questions	Option A	Option B	Option C	Option D	Correct Answer	Mark's
1	Anaemia is caused by deficiency of	Protein	Thyroid	Vit B12	Carbohydrates	Vit B12	2
2is known as a butterfly gland present in the neck region.	Pituitary gland	Stomach	Pancreas	Thyroid gland	Thyroid gland	2
3 means "to waste" in greek is a protein energy malnutrition disorder.	Kwashiorkor	Obesity	Hemorrhoids	Marasmus	Marasmus	2
4	Who is known as the father of nutrition?	Quotlet	Antoine Lavoisier	Mendel	Darwin	Antoine Lavoisier	2
5	The USDA has divided the food pyramid into horizontal division .	Five	Four	Six	Eight	Six	2
6	A may be defined as one which contains various groups of food stuffs such as energy yielding foods, body-building foods and protective foods.	Nutrition	Recommended dietary	Balanced diet	Dietary supplements	Balanced diet	2
7	Normal haemoglobin level in women is	12gm%	6gm%	14gm%	10gm%	12gm%	2
8	The milk secreted from mother's breast for first 2-3 days of parturition is called	Fortified food	Solid food	Colostrum	Dietary fibre	Colostrum	2
9 is when some of the acid content of th3 stomach flows up into oesophagus.	Acid reflux	Haemorrhoids	Blenching	Flatulence	Acid reflux	2
10	Peptic ulcers are caused by an infection with bacteria called	Taneia	<i>H.pylori</i>	<i>Wuchereria</i>	<i>Syphilis</i>	<i>H.pylori</i>	2
11 are also known as dietary fibres.	Keratin	Sorbitol	Cellulose	Gelatin	Cellulose	2
12 is a disorder caused by deficiency of VitD in children.	Anaemia	Rickets	Marasmus	Constipation	Rickets	2
13	What is a type of hyperthyroidism disease ,which stimulates the gland to be overly active.	Acidity	Obesity	Graves	Alopecia	Graves	2
14 are masses, clumps, cushions of tissues in the anal canal.	Diarrhoea	Haemorrhoids	Blenching		Haemorrhoids	2
15	What is one of the cause of Flatulence?	Calorie deficiency	Iron deficiency	Lactase deficiency	Thyroid deficiency	Lactase deficiency	2
16	Loss of hair results in	Dermatitis	Alopecia	Blenching	Pellagra	Alopecia	2
17	What provide rapid,short -term relief by buffering the acidity through simple chemical reaction with stomach content?	Citrus fruits	Vitamins	Antacids	Bone marrow transplant	Antacids	2
18	External piles is known as	Perianal hematoma	GERD	Blind piles	Crohn's	Perianal hematoma	2
19	Process of removal of spleen is known as	Vasectomy	Splentectomy	Angioplasty	Thyroidectomy	Splentectomy	2
20 is a condition in which excessive fat is deposited in the body.	Flatulence	Starvation	Obesity	Anxiety	Obesity	2
21	Which secretory immune factor is present in large amount in colostrum?	Minerals	IgA	Minerals	Lipid	IgA	2
22	Dengue fever is also known as ?	Diathroea	Break bone disease	Influenza	Bleeders	Break bone disease	2
23	The term means that an infection has spread to many countries around the world.	Endemic	Epidemic	Communicable	Pandemic	Pandemic	2
24	Swine flu is an influenza caused by virus?	DENV 1-4	H1N1/H3N2	<i>H.pylori</i>	Corona	H1N1/H3N2	2
25	Which of the following is the Endocrinal factor responsible for obesity?	PCOD/Hypothyroidism	Tension	Dietary Factor	LPL Activity	PCOD/Hypothyroidism	2
26	What is one of the major cause for acid reflux?	Constipation	Hiatus hernia	Thyroid	Iron deficiency	Hiatus hernia	2
27	A is a medical condition of less than normal haemoglobin	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2
28	The term is derived from greek word means" to waste"	Diabetes	Goitre	Marasmus	Peptic Ulcer	Marasmus	2
29	Deficiency of Vit. D in children is called as	Thalassemia	Thyroiditis	Osteomalacia	Pellagra	Osteomalacia	2
30	T3 and T4 hormone are synthesised by	Pancreas	Adrenal	Thyroid	Thymus	Thyroid	2
31	The inflamed veins in the anal area are called as	Peptic ulcers	Haemorrhoids	PCO's	Fibroids	Haemorrhoids	2
32	A condition of excessive deposition of fat in the body is known as	Marasmus	Goitre	Obesity	Ulcer	Obesity	2
33	A severedeficiency in calorie intake is called as	Peptic ulcers	Haemorrhoids	Starvation	Fibroids	Starvation	2
34	Vegetable fibres are also known as	Proteins	Dietary Fibres	Vitamins	Minerals	Dietary Fibres	2
35	H1N1 and H1N3 virus transmits	Dengue	Covid	Malaria	Swine flu	Swine flu	2
36	The BMI is a statistic developed by	Karl Erky	Adolphe Quetelet	Carl Segan	Fleming	Adolphe Quetelet	2
37	Antibodies providing natural immunity to the child is present in	Balanced diet	Sun rays	Colostrum	Vaccines	Colostrum	2
38	An eating disorder with reduced appetite is called as	Oedema	Anorexia	Fibrosis	Chron's disease	Anorexia	2
39	Abnormal enlargement of Thyroid gland is known as	Marasmus	Fibrosis	Goitre	Peptic Ulcer	Goitre	2
40	Deficiency of Vit. B12 or iron is known as	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2
41	Vit A deficiency leads to	Peptic ulcers	Haemorrhoids	Starvation	Xerophthalmia	Xerophthalmia	2

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1	World health day is celebrated on _____.	7th April	26th July	2nd June	5th May	7th April	2
2	Small Pox is caused by _____.	Plasmodium	Eubacteria	Variola virus	Streptococcus	Varicella virus	2
3	Polio vaccine is given _____.	by intravenous	By intramuscular	as tablet	orally	orally	2
4	Poliomyelitis is commonly known as _____.	Flu	Polio	OPV	Vaccine	Polio	2
5	Boiling point of water is _____.	0°C	273°C	100°C	4° C	100°C	2
6	Freezing point of water is _____.	100°C	0°C	4° C	273°C	0°C	2
7	Water is known as _____.	Organic solvent	Inorganic solvent	Neutral solvent	Universal solvent	Universal solvent	2
8	SAR value for mobile phones in India, specified by Government is _____.	0 W/kg	100 W/kg	0.6W/kg	1.6 W/kg	1.6 W/kg	2
9	_____ is fatal disease spread s by dog bite.	Rabies	TB	Leprosy	Malaria	Rabies	2
10	Headquarter of WHO is located at _____.	New York	Geneva	Delhi	London	Geneva	2
11	ACD contains _____.	Fructose	Diphenhydramin	Dextrose	Diethylamide	Dextrose	2
12	Blood in blood bank is stored in _____.	ACD	dry ice	liquid nitrogen	ice	ACD	2
13	River is an example of _____.	ground water	well water	rain water	surface water	surface water	2
14	Boiling is a _____ scale method of purification of water.	small	medium	large	domestic	small	2
15	Potassium permanganate is a strong _____ agent.	reducing	oxidizing	colouring	magnifying	oxidizing	2
16	Rapid sand filters are used in _____ water purification.	small scale	medium scale	large scale	industrial scale	large scale	2
17	Slow sand filters are used in _____ water purification.	large scale	large scale	industrial scale	medium scale	medium scale	2
18	Water suitable for drinking is called _____ water.	potable	hard	turbid	neutral	potable	2
19	pH of drinking water lies within _____ range.	11-12	6.5-8.5	5-7	1-2	6.5-8.5	2
20	The key elements of first aid could be summarized in three _____.	P's	C' s	A's	M's	P's	2
21	The turbidity of consumable water should be maximum up to _____.	5 NTU	100 NTU	1 NTU	0 NTU	1 NTU	2
22	First dose of Polio is given when child is _____ old.	6 months	1 year	6 days	6 weeks	6 weeks	2
23	_____ is an interaction with other people and interpersonal relations.	Social health	Mental health	Personal health	Physical health	Social health	2
24	_____ describes the range of outcomes of the health education.	Health goals	health insurance	health education	health facilities	Health goals	2
25	The era of modern medicine starts from the time of _____.	Nepolean	Tesla	Hippocrates	Newton	Hippocrates	2
26	_____ health encompasses the mental, emotional and spiritual dimensions of health.	Physical health	Social health	Mental health	psychological he	psychological he	2
27	Pulse Polio Immunization Program was launched in India in _____.	1951	1995	1947	2014	1995	2
28	_____ phase is also known as surveillance.	Attack	Preparatory	Consolidation	Maintenance	Consolidation	2
29	_____ is a chronic infectious disease caused by <i>Micobacterium leprae</i>	Malaria	Leprosy	Polio	Small Pox	Leprosy	2
30	_____ are the drugs used to kill the bacteria.	Painkillers	Antacids	Antivirals	Antibiotics	Antibiotics	2
31	_____ is potentially fatal infection that affects the nervous system and muscles.	Sepsis	Tetanus	Fatigue	SMS	Tetanus	2
32	Anti Rh factor develops in Rh -ve patient, in _____ days.	15	30	12	1	12	2
33	_____ is an active anticoagulant found in circulating blood.	Hemoglobin	histamine	hepatitis	heparin	heparin	2
34	_____ is a neurodegenerative disorder.	Alzheimer	Headache	Dizziness	Hemorrhage	Alzheimer	2
35	The temperature of earlobe increases by 1°C when cell phone is used for approximately _____.	60	5	20	2	20	2
36	India has more than _____ mobile towers.	1 lakh	200 lakh	5 lakh	30 lakh	5 lakh	2
37	Leprosy is treated using _____.	STD	WHO	OPV	MDT	MDT	2
38	_____ is an infection of inner lining of heart.	Endocarditis	Rabies	Sepsis	Meningitis	Endocarditis	2
39	_____ is an infection of the outer layer of brain.	Sepsis	Endocarditis	Meningitis	Alzheimer	Meningitis	2
40	Broken body part can be reattached with _____ surgery.	leproscopy	endoscopy	destructive	reconstructive	reconstructive	2

Sr.No.	Questions	Option A	Option B	Option C	Option D	Answer	Points
1	Which one of the following is not a cause of insomnia?	Extreme Temperture	Jet Lag	Dehydration	Asthama	Dehydration	2
2	Which one of the following is not a type of anxiety disorder?	Panic Disorder	Social Anxiety Disorder	Eating disorder	Specific Phobia	Eating disorder	2
3	Typhoid is a symptomatic bacterial infection due to _____.	Salmonella typher	Salmonella typhi	S. tyfo	Salmonella hepar	Salmonella typhi	2
4	Tuberculosis is a diseases caused due to bacterium called _____.	Mycobacterium tubernallis	Mycofungii tuberculosis	Mycobacterium tuberculo	Mycobacterium Bulbercu	Mycobacterium tuberculosis	2
5	Full form of 'DOT' is _____	Directly Observed Therapy	Directly Obsessive Therapy	Directional Observed The	Directly Observed Theor	Directly Observed Therapy	2
6	Full form of 'BCG' is _____	Bacillus Camel Gurein	Bacille Callmette Gurein	Bacille Callmette Greta	Bacille Collar Gureinia	Bacille Callmette Gurein	2
7	Which one of the following is not a type of Depression?	Bipolar Disorder	Seasonal Affective Disorder	Alzheimer	Psychotic Depression	Alzimer	2
8	Which one of the following is not a type of Hepatitis?	A	E	D	F	F	2
9	Which one of the following is not a symptom for oral cancer?	Velvety white patch in the moi	Drastic weight loss	Speckled patch in the moi	Sweating	Sweating	2
10	Which one of the following is not a prevention for oral cancer?	Quit smoking	Limit exposure to sun	Eat a balanced diet	Chewing tobacco after ev	Chewing tobacco after every m	2
11	Biopsy is recommened for _____.	Hypertension	Oral Cancer	Depression	Anxiety Disorder	Oral Cancer	2
12	Select the type of asthma?	Adult-offset Asthma	Childhood Asthma	Vaccational Asthma	Intestinal gut Cancer	Childhood Asthma	2
13	Which one of the following is not a cause and triggers for asthma?	heartburn	smoking	aspirin consumption	insomnia	insomnia	2
14	Which one of the following is not a symptom for migraine?	Nausea	Blurred Vision	Sleepiness	Dizziness	Sleepiness	2
15	Hypersomnia means _____.	excessive sleeping	less spleing	no sleep at all	disturbed sleep	excessive sleeping	2
16	Select the example of communicable diseases.	Alzheimer's disease	Heart diseases	Polio diseases	Autoimmune diseases	Polio diseases	2
17	Select the example of communicable diseases.	Heart disease	Osteoporosis diseases	Influenza diseases	Autoimmune diseases	Influenza diseases	2
18	Select the example of non- communicable diseases.	AIDS	Chronic Kidney Disease	Polio diseases	Hepatitis	Chronic Kidney Disease	2
19	Select the example of non- communicable diseases.	Malaria	Influenza	Stroke	Polio	Stroke	2
20	Full form of 'TMS' is _____.	Cerebral Trans cranial Magnetic	Magnetic Stimulator	Cerebral Trans Stimulator	Trans Magnetic Stimulat	Cerebral Trans cranial Magnetic	2
21	Bacteria <i>Treponema pallidum</i> causes _____ diseases .	TB	Typhoid	Malaria	Syphilis	Syphilis	2
22	Bacteria <i>N. gonorrhoea</i> causes _____ diseases.	TB	Typhoid	Gonorrhea	Syphilis	Gonorrhea	2
23	Full form of AIDS is _____.	Acute Immunodeficiency Syn	Acquired Immunodeficiency Synd	Acquired Idle Syndrome	Acquired deficiency Sign	Acquired Immunodeficiency S	2
24	Full form of HIV is _____.	Human Immunodeficiency Vi	Human Decreasing Virus	Acquired Immunodeficien	Artificial Immunodeficie	Human Immunodeficiency Viru	2
25	Hepatitis A virus is transmitted through _____.	consumption of pure water and	consumption of contaminated wat	lack of sleep	overeating	consumption of contaminated v	2
26	Hepatitis B virus is through transmitted through _____.	infected mothers to infants	patients body fluid	uninfected blood	patients semen	uninfected blood	2
27	Chloramphenicol was the original drug for _____.	Typhoid	TB	Gonorrhea	Syphilis	Typhoid	2
28	MSG full form _____.	maizeal glutamate	monosodium glutamate	mild glutamate	monovalent glutamate	monosodium glutamate	2
29	Insulin regulates _____.	blood plasma level	blood pressure	blood glucose level	blood RBCs cell	blood glucose level	2
30	In simple words hypertension means _____.	high blood plasma	high glucose level	high blood pressure	blood flowing in uterine	high blood pressure	2
31	Acute bronchitis is generally caused by _____.	blood plasma level	lung infection	stomach infection	skin blister	lung infection	2
32	Which one of the following is not a "sexually transmitted diseases"?	STD	HIV	AIDS	Insomnia	Insomnia	2
33	Full form of "ECG" is _____.	Emulsive cardiogram	Electro-cardiac arrest	Electro cardiogram	Electro credit	Electro cardiogram	2
34	Which of the following is not a symptoms of Anxiety Disorder?	tingling in feet	nausea	dizziness	feeling hungry	feeling hungry	2
35	Which onf the following is acceptable to consume by a person suffering from	caffeine	nicotine	alcohol	water	water	2
36	What does 'SAD' denote in depression ?	Seasonal Affiliated Disorder	Seasonal Affective Diseases	Senic Affective Disorder	Seasonal Affective Disor	Seasonal Affective Disorder	2
37	Choose which on of the following is not a symptoms of migraine?	Nausea	Vomitting	loss of appetite	craving for food	craving for food	2
38	Full form of NCD is _____.	No-Communication Diseases	Non -Communicable Diseases	Non -Communicable Diso	Non -Conserving Death	Non -Communicable Diseases	2
39	Which one of the following is not a cause and triggers for asthma?	heartburn	smoking	aspirin consumption	meditation	meditation	2
40	Which one of the following is not a cause of insomnia?	Extreme Temperture	Jet Lag	conducting yoga	Asthama	conducting yoga	2

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1	Anaemia is caused by deficiency of -----.	Protein	Thyroid	Vit B12	Carbohydrates	Vit B12	2	
2	----- means "to waste" in greek is a protein energy malnutrition disorder.	Kwashiorkar	Obesity	Hemorrhoids	Marasmus	Marasmus	2	
3	The USDA has divided the food pyramid into ----- horizontal division .	Five	Four	Six	Eight	Six	2	
4	Normal haemoglobin level in women is -----.	12gm%	6gm%	14gm%	10gm%	12gm%	2	
5	----- is when some of the acid content of th3 stomach flows up into oesophagus.	Acid reflux	Haemorrhoids	Blenching	Flatulence	Acid reflux	2	
6	----- are also known as dietary fibres.	Keratin	Sorbitol	Cellulose	Gelatin	Cellulose	2	
7	What is a type of hyperthyroidism disease ,which stimulates the gland to be overly active.	Acidity	Obesity	Graves	Alopecia	Graves	2	
8	What is one of the cause of Flatulence?	Calorie deficiency	Iron deficiency	Lactase deficiet	Thyroid deficiet	Lactase deficiet	2	
9	What provide rapid,short -term relief by buffering the acidity through simple chemical reaction with stomach or	Citrus fruits	Vitamins	Antacids	Bone marrow tr	Antacids	2	
10	Process of removal of spleen is known as -----.	Vasectomy	Splenctomy	Angioplasty	Thyroidectomy	Splenctomy	2	
11	Which secretory immune factor is present in large amount in colostrum?	Minerals	IgA	Minerals	Lipid	IgA	2	
12	The term ----- means that an infection has spread to many countries around the world.	Endemic	Epidemic	Communicable	Pandemic	Pandemic	2	
13	Which of the following is the Endocrinal factor responsible for obesity?	PCOD/Hypothyroidism	Tension	Dietary Factor	LPL Activity	PCOD/Hypothy	2	
14	A ----- is a medical condition of less than normal haemoglobin	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2	
15	Deficiency of Vit. D in children is called as -----	Thalassemia	Thyroiditis	Osteomalacia	Pellagra	Osteomalacia	2	
16	The inflamed veins in the anal area are called as -----.	Peptic ulcers	Haemorrhoids	PCO's	Fibroids	Haemorrhoids	2	
17	A severe deficiency in calorie intake is called as -----.	Peptic ulcers	Haemorrhoids	Starvation	Fibroids	Starvation	2	
18	World health day is celebrated on -----.	7th April	28th July	2nd June	5th May	7th April	2	
19	Polio vaccine is given -----.	by intravenous injection	By intramuscular injection	as tablet	orally	orally	2	
20	Boiling point of water is -----.	0°C	273°C	100°C	4° C	100°C	2	
21	Water is known as -----.	Organic solvent	Inorganic solvent	Neutral solvent	Universal solve	Universal solve	2	
22	----- is fatal disease spreads by dog bite.	Rabies	TB	Leprosy	Malaria	Rabies	2	
23	ACD contains -----.	Fructose	Diphenhydramine	Dextrose	Diethylamide	Dextrose	2	
24	River is an example of -----.	ground water	well water	rain water	surface water	surface water	2	
25	Potassium permanganate is a strong ----- agent .	reducing	oxidizing	colouring	magnifying	oxidizing	2	
26	Slow sand filters are used in ----- water purification.	large scale	large scale	industrial scale	medium scale	medium scale	2	
27	pH of drinking water lies within ----- range.		11-12	6.5-8.5	5-7	1-2	6.5-8.5	2
28	The turbidity of consumable water should be maximum up to -----.	5 NTU	100 NTU	1 NTU	0 NTU	1 NTU	2	
29	----- is an interaction with other people and interpersonal relations.	Social health	Mental health	Personal health	Physical health	Social health	2	
30	The era of modern medicine starts from the time of -----.	Nepolean	Tesla	Hippocrates	Newton	Hippocrates	2	
31	Pulse Polio Immunization Program was launched in India in -----.		1951	1995	1947	2014	1995	2
32	----- is a chronic infectious disease caused by <i>Micobacterium leprae</i>	Malaria	Leprosy	Polio	Small Pox	Leprosy	2	
33	----- is potentially fatal infection that affects the nervous system and muscles.	Sepsis	Tetanus	Fatigue	SMS	Tetanus	2	
34	----- is an active anticoagulant found in circulating blood.	Hemoglobin	histamine	hepatitis	heparin	heparin	2	
35	Which one of the following is not a cause of insomnia?	Extreme Temperture	Jet Lag	Dehydration	Asthama	Dehydration	2	
36	Typhoid is a symptomatic bacterial infection due to -----.	<i>Salmonella typher</i>	<i>Salmonella typhi</i>	<i>S. tyfo</i>	<i>Salmonella hep</i>	<i>Salmonella typl</i>	2	
37	Full form of 'DOT' is -----.	Directly Observed Therapy	Directly Obsessive Therapy	Directional Obs	Directly Observ	Directly Observ	2	
38	Which one of the following is not a type of Depression?	Bipolar Disorder	Seasonal Affective Disorder	Alzheimer	Psychotic Depn	Alzimer	2	
39	Which one of the following is not a symptom for oral cancer?	Velvety white patch in the mouth	Drastic weight loss	Speckeld patch	Sweating	Sweating	2	
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45	Bateria <i>Treponema pallidum</i> causes ----- diseases .	TB	Typhoid	Malaria	Syphilis	Syphilis	2	
46	Full form of AIDS is -----.	Acute Immunodeficiency Syndrome	Acquired Immunodeficiency Syndrome	Acquired Idle S	Acquired defici	Acquired Immu	2	
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48	Chloramphenicol was the original drug for -----.	Typhoid	TB	Gonorrhea	Syphilis	Typhoid	2	
49	Insulin regulates -----.	blood plasma level	blood pressure	blood glucose li	blood RBCs cel	blood glucose li	2	
50	The BMI is a statistic developed by -----.	Karl Erky	Adolphe Quetelet	Carl Segan	Fleming	Adolphe Quetelet	2	

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2	Who is known as the father of nutrition?	Quotlet	Antoine Lavoisier	Mendel	Darwin	Antoine Lavoisier	2
3	A may be defined as one which contains various groups of food stuffs such as energy yielding foods, body-building foods and protective foods.	Nutrition	Recommended	Balanced diet	Dietary supplement	Balanced diet	2
4	The milk secreted from mother's breast for first 2-3 days of parturition is called	Fortified food	Solid food	Colostrum	Dietary fibre	Colostrum	2
5	Peptic ulcers are caused by an infection with bacteria called	Tinea	<i>H.pylori</i>	<i>Wuchereria</i>	Syphilis	<i>H.pylori</i>	2
6 is a disorder caused by deficiency of Vit.D in children.	Anaemia	Rickets	Marasmus	Constipation	Rickets	2
7 are masses, clumps, cushions of tissues in the anal canal.	Diarrhoea	Haemorrhoids	Blanching		Haemorrhoids	2
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21	SAR value for mobile phones in India, specified by Government is	0 W/kg	100 W/kg	0.6W/kg	1.6 W/kg	1.6 W/kg	2
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37	Tuberculosis is a diseases caused due to bacterium called	Mycobacterium tuberculosis	Mycobacterium tuberculosis	Mycobacterium tuberculosis	Mycobacterium tuberculosis	Mycobacterium tuberculosis	2
38	Full form of 'BCG' is	Bacillus Camel Gurein	Bacille Calmette	Bacille Calmette	Bacille Calmette	Bacille Calmette	2
39	Which one of the following is not a type of Hepatitis?	A	E	D	F	F	2
40	Which one of the following is not a prevention for oral cancer?	Quit smoking	Limit exposure	Eat a balanced diet	Chewing tobacco	Chewing tobacco	2
41	Select the type of asthma?	Adult-onset Asthma	Childhood Asthma	Vaccination	Intestinal gut	Childhood Asthma	2
42	Which one of the following is not a symptom for migraine?	Nausea	Blurred Vision	Sleepiness	Dizziness	Sleepiness	2
43	Select the example of communicable diseases.	Alzheimer's disease	Heart diseases	Polio diseases	Autoimmune diseases	Polio diseases	2
44	Select the example of non-communicable diseases.	AIDS	Chronic Kidney	Polio diseases	Hepatitis	Chronic Kidney	2
45	Full form of 'TMS' is	Cerebral Transcranial Magnetic Stimulation	Magnetic Stimulation	Cerebral Transcranial Magnetic Stimulation	Cerebral Transcranial Magnetic Stimulation	Cerebral Transcranial Magnetic Stimulation	2
46	Bacterial Gonorrhea causes diseases.	TB	Typhoid	Gonorrhea	Syphilis	Gonorrhea	2
47	Full form of HIV is	Human Immunodeficiency Virus	Human Immunodeficiency Virus	Acquired Immunodeficiency Virus	Artificial Immunity	Human Immunity	2
48	Hepatitis B virus is through transmitted through	infected mothers to infants	patients body fluids	uninfected blood	patients semen	uninfected blood	2
49	MSG full form	monosodium glutamate	monosodium glutamate	mild glutamate	monovalent glutamate	monosodium glutamate	2
50	In simple words hypertension means	high blood plasma	high glucose level	high blood pressure	blood flowing	high blood pressure	2

	Questions	Option A	Option B	Option C	Option D	Correct Answer	Mark's
1	----- is when some of the acid content of the stomach flows up into oesophagus.	Acid reflux	Haemorrhoids	Blanching	Flatulence	Acid reflux	2
2	----- are also known as dietary fibres.	Keratin	Sorbitol	Cellulose	Gelatin	Cellulose	2
3	----- are masses, clumps, cushions of tissues in the anal canal.	Diarrhoea	Haemorrhoids	Blanching		Haemorrhoids	2
4	Loss of hair results in -----.	Dermatitis	Alopecia	Blanching	Pellagra	Alopecia	2
5	External piles is known as -----.	Perianal hematoma	GERD	Blind piles	Crohn's	Perianal hematoma	2
6	Process of removal of spleen is known as -----.	Vasectomy	Splenectomy	Angioplasty	Thyroidectomy	Splenectomy	2
7	Which secretory immune factor is present in large amount in colostrum?	Minerals	IgA	Minerals	Lipid	IgA	2
8	A ----- is a medical condition of less than normal haemoglobin	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2
9	T3 and T4 hormone are synthesised by -----.	Pancreas	Adrenal	Thyroid	Thymus	Thyroid	2
10	A severe deficiency in calorie intake is called as -----.	Peptic ulcers	Haemorrhoids	Starvation	Fibroids	Starvation	2
11	H1N1 and H1N3 virus transmits -----.	Dengue	Covid	Malaria	Swine flu	Swine flu	2
12	The BMI is a statistic developed by -----.	Karl Erky	Adolphe Quetelet	Carl Segen	Fleming	Adolphe Quetelet	2
13	Antibodies providing natural immunity to the child is present in -----.	Balanced diet	Sun rays	Colostrum	Vaccines	Colostrum	2
14	Abnormal enlargement of Thyroid gland is known as -----.	Marasmus	Fibrosis	Goitre	Peptic Ulcer	Goitre	2
15	Deficiency of Vit. B12 or iron is known as -----.	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2
16	Vit A deficiency leads to -----.	Peptic ulcers	Haemorrhoids	Starvation	Xerophthalmia	Xerophthalmia	2
17	A ----- is a medical condition of less than normal haemoglobin	Goitre	Anaemia	Diabetes	Obesity	Anaemia	2
18	First dose of Polio is given when child is ----- old.	6 months	1 year	6 days	6 weeks	6 weeks	2
19	----- is an interaction with other people and interpersonal relations.	Social health	Mental health	Personal health	Physical health	Social health	2
20	----- describes the range of outcomes of the health education.	Health goals	health insurance	health education	health facilities	Health goals	2
21	The era of modern medicine starts from the time of -----.	Nepolean	Tesla	Hippocrates	Newton	Hippocrates	2
22	----- health encompasses the mental, emotional and spiritual dimensions of health	Physical health	Social health	Mental health	psychological health	psychological health	2
23	Pulse Polio Immunization Program was launched in India in -----.	1951	1995	1947	2014	1995	2
24	----- phase is also known as surveillance.	Attack	Preparatory	Consolidation	Maintenance	Consolidation	2
25	----- is a chronic infectious disease caused by <i>Micobacterium leprae</i>	Malaria	Leprosy	Polio	Small Pox	Leprosy	2
26	----- are the drugs used to kill the bacteria.	Painkillers	Antacids	Antivirals	Antibiotics	Antibiotics	2
27	----- is potentially fatal infection that affects the nervous system and muscles.	Sepsis	Tetanus	Fatigue	SMS	Tetanus	2
28	Anti Rh factor develops in Rh -ve patient, in ----- days.	15	30	12	1	12	2
29	----- is an active anticoagulant found in circulating blood.	Hemoglobin	histamine	hepatitis	heparin	heparin	2
30	----- is a neurodegenerative disorder.	Alzheimer	Headache	Dizziness	Hemorrhage	Alzheimer	2
31	India has more than ----- mobile towers.	1 lakh	200 lakh	5 lakh	30 lakh	5 lakh	2
32	Leprosy is treated using -----.	STD	WHO	OPV	MDT	MDT	2
33	----- is an infection of inner lining of heart.	Endocarditis	Rabies	Sepsis	Meningitis	Endocarditis	2
34	----- is an infection of the outer layer of brain.	Sepsis	Endocarditis	Meningitis	Alzheimer	Meningitis	2
35	Full form of AIDS is -----.	Acute Immunodeficiency	Acquired Immunity	Acquired Immunity	Acquired Immunity	Acquired Immunity	2
36	Full form of HIV is -----.	Human Immunodeficiency	Human Immunodeficiency	Acquired Immunity	Artificial Immunity	Human Immunodeficiency	2
37	Hepatitis A virus is transmitted through -----.	consumption of	consumption of	lack of sleep	overeating	consumption of	2
38	Chloramphenicol was the original drug for -----.	Typhoid	TB	Gonorrhea	Syphilis	Typhoid	2
39	MSG full form -----	maizeal glutamate	monosodium glutamate	mild glutamate	monovalent glutamate	monosodium glutamate	2
40	Insulin regulates -----.	blood plasma	blood pressure	blood glucose	blood RBCs	blood glucose	2
41	In simple words hypertension means -----.	high blood pressure	high glucose	high blood pressure	blood flowing	high blood pressure	2
42	Acute bronchitis is generally caused by -----.	blood plasma	lung infection	stomach infection	skin blister	lung infection	2
43	Which one of the following is not a "sexually transmitted diseases"?	STD	HIV	AIDS	Insomnia	Insomnia	2
44	Full form of "ECG" is -----.	Emulsive cardiac	Electro-cardiac	Electro cardiogram	Electro credit	Electro cardiogram	2
45	Which of the following is not a symptoms of Anxiety Disorder?	tingling in feet	nausea	dizziness	feeling hungry	feeling hungry	2
46	Which one of the following is acceptable to consume by a person suffering from insomnia?	caffeine	nicotine	alcohol	water	water	2
47	What does 'SAD' denote in depression ?	Seasonal Affective	Seasonal Affective	Senic Affective	Seasonal Affective	Seasonal Affective	2
48	Choose which one of the following is not a symptoms of migraine?	Nausea	Vomitting	loss of appetite	craving for food	craving for food	2
49	Full form of NCD is -----.	No-Communicable	Non -Communicable	Non -Communicable	Non -Conservative	Non -Communicable	2
50	Which one of the following is not a cause and triggers for asthma?	heartburn	smoking	aspirin consumption	meditation	meditation	2



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