

MARKS 100

TIME 3.00 HRS

NOTE-1) All 5 Questions carry 20 marks and are Compulsory.

2) There will be internal choice in each Question.

Q.1. Attempt any two questions. (20)

- A) Describe the physical changes adolescents experience as the body reaches puberty.
- B) Discuss the consequences of early and late Maturation.
- C) Explain the nutritional needs and concerns of adolescents.

Q.2. Attempt any two questions. (20)

- A) Describe how self concept and self esteem develop during adolescence.
- B) Summarize how Erikson explains Identity Formation during adolescence.
- C) Identify dangers adolescents face as they deal with stresses of their age.

Q.3. Attempt any two questions. (20)

- A) Describe how the body develops and stays healthy during early adulthood.
- B) Summarize the effects of Stress in early adulthood and how to cope with it.
- C) Describe the Cognitive development during young adulthood.

Q.4. Attempt any two questions. (20)

- A) Summarize What makes young adult happy and what is meant by ' Social Clock '.
- B) Explain how young adults respond to the need for intimacy and Friendship.
- C) Describe how young adults choose spouses.

Q.5. Attempt any two questions. (20)

- A) Summarize the way in which the brain develops in adolescence.

B) Describe What Family relationships are during adolescence.

C) Compare and Contrast Perry's and Schales's early adulthood.

D) Describe the sorts of relationships people enter into in early adulthood and what makes these relationships work or Cease to Work.

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